



**Training 3**  
**Volmersberg 23.9.2016**  
**Freddy & Maria**

**Lorena BACKES**

O.L.G. St. Vith ARDOC

Course : 4

Distance : 2200m (Climbing 75m)

Time : 0:45:54 (20'51"/km)

**3/4**

O.K.

[Full result on Webres](#)

1. Elisabeth DESENFANTS

0:37:52

2. Milena LAMBERTZ

0:40:00

HELGA



Orienteering Software