



Training Volmersberg

Volmersberg 9.5.2021

O.L.G. St. Vith ARDOC

Ludwig KAUT

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Strecke : H:Bahn D

Länge : 4400m (Steigung 90m)

Zeit : 0:57:57 (13'10"/km)

4/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|------------------|---------|
| 1. Freddy HENKES | 0:46:52 |
| 2. Hubert BASTIN | 0:47:28 |
| 3. Elia KOHNEN | 0:53:35 |

1.	110	00:02:52		278m	10'19"/km
2.	111	00:04:23	00:07:15	330m	13'17"/km
3.	112	00:03:28	00:10:43	227m	15'16"/km
4.	113	00:03:43	00:14:26	305m	12'11"/km
5.	114	00:07:04	00:21:30	668m	10'35"/km
6.	115	00:03:30	00:25:00	282m	12'25"/km
7.	116	00:03:37	00:28:37	279m	12'58"/km
8.	57	00:03:46	00:32:23	308m	12'14"/km
9.	99	00:00:02	00:32:25		
10.	119	00:05:18	00:37:43		
11.	117	00:04:32	00:42:15	289m	15'41"/km
12.	51	00:04:30	00:46:45	308m	14'37"/km
13.	99	00:00:01	00:46:46		
14.	51	00:00:02	00:46:48		
15.	58	00:06:06	00:52:54	497m	12'16"/km
16.	99	00:00:01	00:52:55		
17.	120	00:05:02	00:57:57		

Orienteering Software