



Training Volmersberg

Volemrsberg 5.12.2021

O.L.G. St. Vith ARDOC

Michel SEPULCHRE

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Strecke : H:A

Länge : 5900m

Zeit : 1:05:45 (11'09"/km)

2/5

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Michael HOCK	1:00:44
3. Roland GILSON	1:10:53

1.	101	00:03:08		265m	11'49"/km
2.	106	00:02:21	00:05:29	190m	12'22"/km
3.	112	00:02:18	00:07:47	137m	16'47"/km
4.	111	00:03:44	00:11:31	412m	9'04"/km
5.	80	00:02:29	00:14:00	258m	9'38"/km
6.	103	00:01:08	00:15:08	101m	11'13"/km
7.	118	00:02:06	00:17:14	228m	9'13"/km
8.	56	00:03:00	00:20:14	289m	10'23"/km
9.	57	00:03:19	00:23:33	372m	8'55"/km
10.	58	00:02:09	00:25:42	203m	10'35"/km
11.	105	00:04:11	00:29:53	453m	9'14"/km
12.	60	00:01:40	00:31:33	187m	8'55"/km
13.	102	00:04:34	00:36:07	221m	20'40"/km
14.	62	00:01:57	00:38:04	171m	11'24"/km
15.	114	00:03:54	00:41:58	396m	9'51"/km
16.	113	00:02:37	00:44:35	162m	16'09"/km
17.	110	00:03:55	00:48:30	376m	10'25"/km
18.	109	00:03:13	00:51:43	156m	20'37"/km
19.	108	00:03:11	00:54:54	220m	14'28"/km
20.	69	00:01:28	00:56:22	177m	8'17"/km
21.	114	00:01:28	00:57:50	135m	10'52"/km
22.	115	00:05:44	01:03:34	562m	10'12"/km
23.	120	00:02:11	01:05:45	276m	7'55"/km

Orienteering Software