



# Training

## Skihütte Rodt 1.5.2022

### O.L.G. St. Vith ARDOC

**Nico KOHNEN**

O.L.G. St. Vith ARDOC

Strecke : Schwarz kurz

Länge : 4200m

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nicht klassiert

[Vollständige Ergebnisse auf Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Michel SEPULCHRE | 0:37:39 |
| 2. Freddy HENKES    | 0:44:26 |
| 3. Elia KOHNEN      | 0:45:37 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 115 | 00:01:55 |          | 249m | 7'42"/km  |
| 2.  | 116 | 00:03:00 | 00:04:55 | 252m | 11'54"/km |
| 3.  | 117 | 00:03:44 | 00:08:39 | 273m | 13'41"/km |
| 4.  | 118 | 00:02:00 | 00:10:39 | 188m | 10'38"/km |
| 5.  | 119 | 00:04:51 | 00:15:30 | 430m | 11'17"/km |
| 6.  | 103 | 00:01:27 | 00:16:57 | 140m | 10'21"/km |
| 7.  | 104 | 00:01:21 | 00:18:18 | 136m | 9'56"/km  |
| 8.  | 105 | 00:02:45 | 00:21:03 | 285m | 9'39"/km  |
| 9.  | 106 | 00:01:29 | 00:22:32 | 189m | 7'51"/km  |
| 10. | 51  | 00:04:12 | 00:26:44 | 337m | 12'28"/km |
| 11. | 99  | 00:00:01 | 00:26:45 |      |           |
| 12. | 56  | 00:02:04 | 00:28:49 |      |           |
| 13. | 114 | 00:02:54 | 00:31:43 | 216m | 13'26"/km |
| 14. | 112 | 00:02:31 | 00:34:14 | 212m | 11'52"/km |
| 15. | 113 | 00:03:00 | 00:37:14 | 246m | 12'12"/km |
| 16. | 51  | 00:05:07 | 00:42:21 |      |           |
| 17. | 111 | 00:06:21 | 00:48:42 | 321m | 19'47"/km |
| 18. | 120 | 00:00:46 | 00:49:28 | 119m | 6'27"/km  |

Orienteering Software