



# Training Volmersberg

## Volmersberg 27.10.2024

### O.L.G. St. Vith ARDOC

**Robert THEISS**

O.L.V. Eifel

Strecke : H:01

Länge : 6580m (Steigung 190m)

Zeit : 0:54:29 (8'17"/km)

1/7

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Jérémy BREDO

0:56:19

3. Guido LENGES

0:57:45

1.	214	00:00:37		164m	3'46"/km
2.	221	00:01:32	00:02:09	218m	7'02"/km
3.	222	00:01:35	00:03:44	219m	7'14"/km
4.	203	00:05:35	00:09:19	674m	8'17"/km
5.	206	00:02:28	00:11:47	348m	7'05"/km
6.	204	00:02:55	00:14:42	352m	8'17"/km
7.	205	00:01:39	00:16:21	210m	7'51"/km
8.	206	00:02:06	00:18:27	293m	7'10"/km
9.	208	00:04:31	00:22:58	488m	9'15"/km
10.	223	00:01:53	00:24:51	206m	9'09"/km
11.	211	00:04:18	00:29:09	395m	10'53"/km
12.	219	00:03:59	00:33:08	761m	5'14"/km
13.	220	00:01:53	00:35:01	185m	10'11"/km
14.	218	00:01:58	00:36:59	159m	12'22"/km
15.	217	00:00:36	00:37:35	85m	7'04"/km
16.	213	00:02:49	00:40:24	402m	7'00"/km
17.	212	00:01:38	00:42:02	220m	7'25"/km
18.	210	00:01:20	00:43:22	199m	6'42"/km
19.	209	00:04:25	00:47:47	145m	30'28"/km
20.	202	00:01:59	00:49:46	251m	7'54"/km
21.	203	00:01:38	00:51:24	206m	7'56"/km
22.	207	00:00:52	00:52:16	122m	7'06"/km
23.	208	00:01:07	00:53:23	201m	5'33"/km
24.	999	00:01:06	00:54:29	77m	14'17"/km

Orienteering Software