



# Training Volmersberg

## Volmersberg 27.10.2024

### O.L.G. St. Vith ARDOC

**Jérémy BREDO**

O.L.V. Eifel

Strecke : H:01

Länge : 6580m (Steigung 190m)

Zeit : 0:56:19 (8'34"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

- |                  |         |
|------------------|---------|
| 1. Robert THEISS | 0:54:29 |
| 3. Guido LENGES  | 0:57:45 |

1.	214	00:00:43		164m	4'22"/km
2.	221	00:01:39	00:02:22	218m	7'34"/km
3.	222	00:01:52	00:04:14	219m	8'31"/km
4.	203	00:05:11	00:09:25	674m	7'41"/km
5.	206	00:02:51	00:12:16	348m	8'11"/km
6.	204	00:02:43	00:14:59	352m	7'43"/km
7.	205	00:01:39	00:16:38	210m	7'51"/km
8.	206	00:01:54	00:18:32	293m	6'29"/km
9.	208	00:04:09	00:22:41	488m	8'30"/km
10.	223	00:01:27	00:24:08	206m	7'02"/km
11.	211	00:04:50	00:28:58	395m	12'14"/km
12.	219	00:04:15	00:33:13	761m	5'35"/km
13.	220	00:01:59	00:35:12	185m	10'43"/km
14.	218	00:02:32	00:37:44	159m	15'56"/km
15.	217	00:00:33	00:38:17	85m	6'28"/km
16.	213	00:02:32	00:40:49	402m	6'18"/km
17.	212	00:02:28	00:43:17	220m	11'13"/km
18.	210	00:02:04	00:45:21	199m	10'23"/km
19.	209	00:03:45	00:49:06	145m	25'52"/km
20.	202	00:02:21	00:51:27	251m	9'22"/km
21.	203	00:01:36	00:53:03	206m	7'46"/km
22.	207	00:01:01	00:54:04	122m	8'20"/km
23.	208	00:01:05	00:55:09	201m	5'23"/km
24.	999	00:01:10	00:56:19	77m	15'09"/km

Orienteering Software