



Training Volmersberg

Volmersberg 27.10.2024

O.L.G. St. Vith ARDOC

Guido LENGES

O.L.V. Eifel

Strecke : H:01

Länge : 6580m (Steigung 190m)

Zeit : 0:57:45 (8'47"/km)

3/7

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Robert THEISS 0:54:29
2. Jérémy BREDO 0:56:19

1.	214	00:00:30		164m	3'03"/km
2.	221	00:01:31	00:02:01	218m	6'57"/km
3.	222	00:01:28	00:03:29	219m	6'42"/km
4.	203	00:04:35	00:08:04	674m	6'48"/km
5.	206	00:03:27	00:11:31	348m	9'55"/km
6.	204	00:05:34	00:17:05	352m	15'49"/km
7.	205	00:01:30	00:18:35	210m	7'09"/km
8.	206	00:01:47	00:20:22	293m	6'05"/km
9.	208	00:03:49	00:24:11	488m	7'49"/km
10.	223	00:04:38	00:28:49	206m	22'30"/km
11.	210	00:04:10	00:32:59		
12.	212	00:02:09	00:35:08	199m	10'48"/km
13.	211	00:01:34	00:36:42		
14.	219	00:04:44	00:41:26	761m	6'13"/km
15.	220	00:01:09	00:42:35	185m	6'13"/km
16.	218	00:01:50	00:44:25	159m	11'32"/km
17.	217	00:00:33	00:44:58	85m	6'28"/km
18.	213	00:02:22	00:47:20	402m	5'53"/km
19.	212	00:01:12	00:48:32	220m	5'27"/km
20.	210	00:01:11	00:49:43	199m	5'57"/km
21.	209	00:01:34	00:51:17	145m	10'48"/km
22.	202	00:01:51	00:53:08	251m	7'22"/km
23.	203	00:01:24	00:54:32	206m	6'48"/km
24.	207	00:00:58	00:55:30	122m	7'55"/km
25.	208	00:01:07	00:56:37	201m	5'33"/km
26.	999	00:01:08	00:57:45	77m	14'43"/km

Orienteering Software