



Training Volmersberg

Volmersberg 27.10.2024

O.L.G. St. Vith ARDOC

Benoît FEYEN

Indiv.

Strecke : H:01

Länge : 6580m (Steigung 190m)

Zeit : 1:24:36 (12'51"/km)

7/7

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|------------------|---------|
| 1. Robert THEISS | 0:54:29 |
| 2. Jérémy BREDO | 0:56:19 |
| 3. Guido LENGES | 0:57:45 |

1.	214	00:01:35		164m	9'39"/km
2.	221	00:02:28	00:04:03	218m	11'19"/km
3.	222	00:02:34	00:06:37	219m	11'43"/km
4.	203	00:08:04	00:14:41	674m	11'58"/km
5.	206	00:05:26	00:20:07	348m	15'37"/km
6.	204	00:05:04	00:25:11	352m	14'24"/km
7.	205	00:03:49	00:29:00	210m	18'10"/km
8.	206	00:03:40	00:32:40	293m	12'31"/km
9.	208	00:06:11	00:38:51	488m	12'40"/km
10.	223	00:02:10	00:41:01	206m	10'31"/km
11.	211	00:06:25	00:47:26	395m	16'15"/km
12.	219	00:06:22	00:53:48	761m	8'22"/km
13.	220	00:02:26	00:56:14	185m	13'09"/km
14.	218	00:03:44	00:59:58	159m	23'29"/km
15.	217	00:00:58	01:00:56	85m	11'22"/km
16.	213	00:04:07	01:05:03	402m	10'14"/km
17.	212	00:02:04	01:07:07	220m	9'24"/km
18.	210	00:02:22	01:09:29	199m	11'54"/km
19.	209	00:03:02	01:12:31	145m	20'55"/km
20.	202	00:03:56	01:16:27	251m	15'40"/km
21.	203	00:02:35	01:19:02	206m	12'32"/km
22.	207	00:01:24	01:20:26	122m	11'29"/km
23.	208	00:02:40	01:23:06	201m	13'16"/km
24.	999	00:01:30	01:24:36	77m	19'29"/km

Orienteering Software