



# Training Volmersberg

## Volmersberg 27.10.2024

### O.L.G. St. Vith ARDOC

#### Noah BACKES

O.L.G. St. Vith ARDOC

Strecke : H:02

Länge : 4200m (Steigung 125m)

Zeit : 0:37:03 (8'49"/km)

1/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

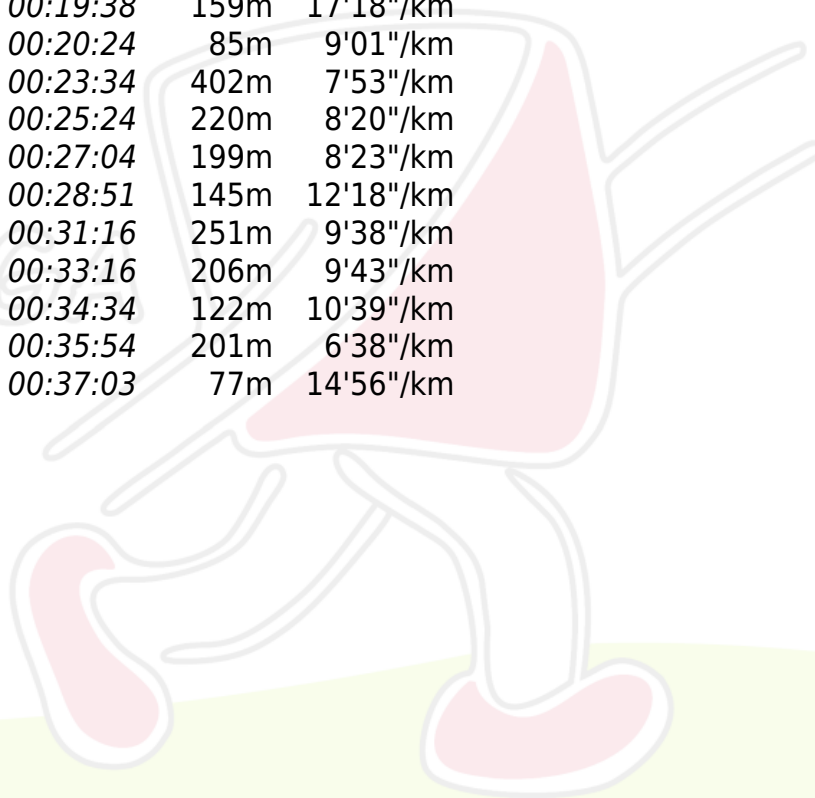
2. Werner HOFFMANN

0:43:39

3. Karl SCHWALL

0:45:55

1.	214	00:00:39		164m	3'58"/km
2.	221	00:01:34	00:02:13	218m	7'11"/km
3.	222	00:01:49	00:04:02	219m	8'18"/km
4.	223	00:02:28	00:06:30	191m	12'55"/km
5.	211	00:04:02	00:10:32	395m	10'13"/km
6.	219	00:04:14	00:14:46	761m	5'34"/km
7.	220	00:02:07	00:16:53	185m	11'26"/km
8.	218	00:02:45	00:19:38	159m	17'18"/km
9.	217	00:00:46	00:20:24	85m	9'01"/km
10.	213	00:03:10	00:23:34	402m	7'53"/km
11.	212	00:01:50	00:25:24	220m	8'20"/km
12.	210	00:01:40	00:27:04	199m	8'23"/km
13.	209	00:01:47	00:28:51	145m	12'18"/km
14.	202	00:02:25	00:31:16	251m	9'38"/km
15.	203	00:02:00	00:33:16	206m	9'43"/km
16.	207	00:01:18	00:34:34	122m	10'39"/km
17.	208	00:01:20	00:35:54	201m	6'38"/km
18.	999	00:01:09	00:37:03	77m	14'56"/km



# Orienteering Software