



# Training Volmersberg

## Volmersberg 27.10.2024

### O.L.G. St. Vith ARDOC

#### Romain REUSCH

O.L.G. St. Vith ARDOC

Strecke : H:02

Länge : 4200m (Steigung 125m)

Zeit : 1:04:17 (15'18"/km)

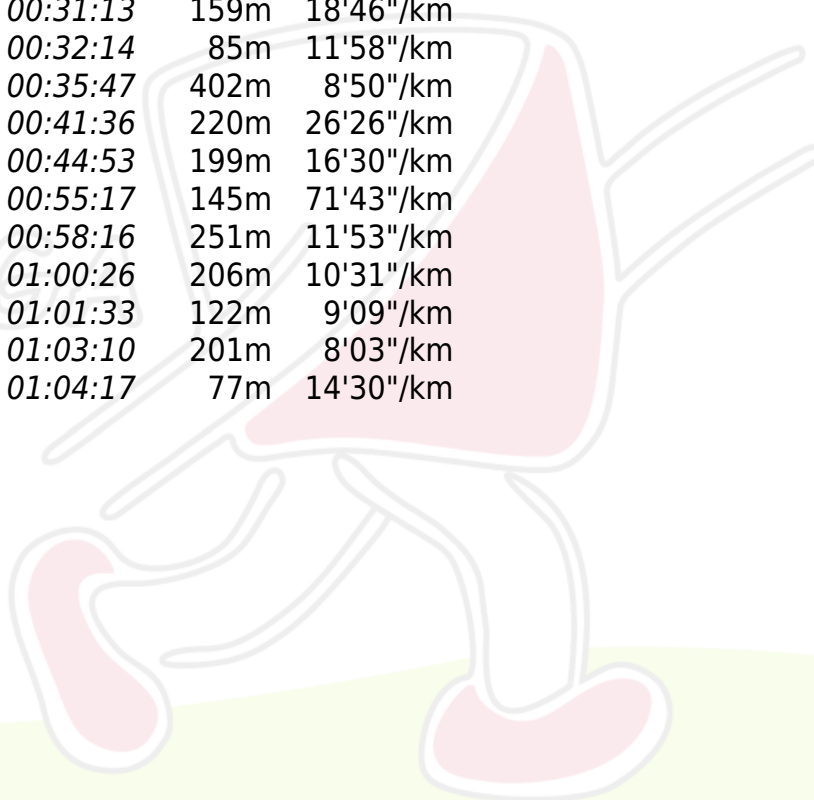
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O.K.

[Vollständige Ergebnisse auf Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Noah BACKES     | 0:37:03 |
| 2. Werner HOFFMANN | 0:43:39 |
| 3. Karl SCHWALL    | 0:45:55 |

1.	214	00:01:27		164m	8'50"/km
2.	221	00:02:55	00:04:22	218m	13'23"/km
3.	222	00:02:15	00:06:37	219m	10'16"/km
4.	223	00:03:00	00:09:37	191m	15'42"/km
5.	211	00:04:24	00:14:01	395m	11'08"/km
6.	219	00:09:09	00:23:10	761m	12'01"/km
7.	220	00:05:04	00:28:14	185m	27'23"/km
8.	218	00:02:59	00:31:13	159m	18'46"/km
9.	217	00:01:01	00:32:14	85m	11'58"/km
10.	213	00:03:33	00:35:47	402m	8'50"/km
11.	212	00:05:49	00:41:36	220m	26'26"/km
12.	210	00:03:17	00:44:53	199m	16'30"/km
13.	209	00:10:24	00:55:17	145m	71'43"/km
14.	202	00:02:59	00:58:16	251m	11'53"/km
15.	203	00:02:10	01:00:26	206m	10'31"/km
16.	207	00:01:07	01:01:33	122m	9'09"/km
17.	208	00:01:37	01:03:10	201m	8'03"/km
18.	999	00:01:07	01:04:17	77m	14'30"/km



# Orienteering Software